

Vol.17 Issue : 2 August 2024

> Rtn. Sunil K Secretary

On Saturday 22<sup>nd</sup> June 2024 Potary Pearl Arathil, Pilathara

CLUB OF PILATHARA

**OF ROTARY** 

installation

THE MAGIC OF ROTARY

**12-13** Know Your Club President and Secretary

## **About Rotary**

Rotary is a global network of 1.4 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.

Solving real problems takes real commitment and vision. For more than 110 years, Rotary's people of action have used their passion, energy, and intelligence to take action on sustainable projects. From literacy and peace to water and health, we are always working to better our world, and we stay committed to the end.

## What We Do

Rotary members believe that we have a shared responsibility to take action on our world's most persistent issues. Our 46,000+ clubs work together to:

- Promote peace
- Fight disease
- Provide clean water, sanitation, and hygiene
- Save mothers and children
- Support education
- Grow local economies
- Protect the environment

#### **Our Mission**

We provide service to others, promote integrity, and advance world understanding, goodwill, and peace through our fellowship of business, professional, and community leaders.

### **Vision Statement**

Together, we see a world where people unite and take action to create lasting change — across the globe, in our communities, and in ourselves.

Of the things we think, say or do 1. Is it the TRUTH? 2. Is it FAIR to all concerned? 3. Will it build GOODWILL and BETTER FRIENDSHIPS? 4. Will it be BENEFICIAL to all concerned?

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President	: Rtn. C.K. Purushothaman
Secretary	: Rtn. Sunil Kottarathil
Treasurer	: Rtn. T.T. Sajeevan
GGR	: Rtn. Aravindakshan K
Asst. Governor	: Rtn. Dr. K. Padmanabhan

RI President : Stephanie Urchick District Governor : Rtn. MD. Dr. Santhosh Sreedhar District Secretary : Rtn. Er. C.R Nambiar Rot. Int. Director : Rtn. TN Subramanian (Raju) Zonal Coordinator: Rtn. V.K.V Manoj





What they say about the July Edition of "Ripples"

Newsletter "Ripples", is recognized as one of the best in the district and serves as an inspiration to the entire Rotary community. May future editions continue to showcase Rotary's service to society and inspire more members to enhance their Rotary activities.

Rtn. VKV Manoj, Zonal Coordinator. Glad to go through "Ripples". This time the content, layout, printing, paper quality and weight of the bulletin itself was exceptional. Keep up the good work Pilathara Rotarians.

Rtn. Dr. K Padmanabhan, Asst. Governor

It is said that the club bulletin enjoys maximum readership in the Rotary world. A well maintained and regularly published bulletin is an asset to any club. It serves to inform, educate, and even entertain. And, importantly, a good club bulletin is the voice of the club itself, promoting the club's culture, its activities, and its

purpose. "RIPPLES" - the Club bulletin of Rotary Pilathara is one among the best which I have gone through recently. The contents and more over the layout are of excellent standard. Hats off to the editor Rtn. Gireesh Kumar.

standard. Hats on to the suiter take Best wishes to President Rtn. C.K. Purushothaman, Secretary Rtn. Sunil Kottarathil and their whole team for a memorable Rotary year.

Rtn. M.V. Balakrishnan Chief Editor, Dist. Directory & Dist. Chair, Rotary India Website.

I have gone through your Club Monthly Bulletin "Ripples". Found it excellent one with relevant Rotary information.

My regards to the Editor, Club President, Secretary and all the Rotarians of Pilathara Rotary Club.

> Rtn. Er. CR Nambiar, District Gen. Secretary

Your bulletin "Ripples" is in my hands. I went through each page and found it to be an engaging intellectual reading material. Excellent layout, beautiful pictures and colorful pages.

And coloriul pages. My appreciation to Rtn. E. N. Gireesh Kumar and the editorial

team.

Rtn. V Bharath Das, RC Manjeri, ZLF

From the Desk of the



Rotary Club of Pilathara released its first issue of "Ripples" during the installation ceremony on June 22, 2024, marking the start of the term in a remarkable way. The newsletter was released by GGR and past President of our club, Rtn. MPHF Aravindakshan K, by presenting copies to senior Rotarian Engineer Vijayan of Payyanur Rotary Club. The positive reviews and encouraging words from many corners have motivated us to continue issuing the newsletter on a monthly basis.

A newsletter is an effective way to disseminate important information, such as meeting schedules, event details, and updates on club initiatives. It ensures that all members receive the same information in a timely manner. Regularly publishing a newsletter keeps members and the broader community informed about the club's activities, achievements, and upcoming events. This continuous communication helps to maintain awareness and visibility.

By sharing stories, successes, and upcoming events, a newsletter fosters a sense of community and keeps members engaged. It can also encourage participation in club activities by highlighting volunteer opportunities and promoting upcoming events. Highlighting member achievements and contributions in the newsletter can boost morale and encourage more active participation. Recognizing members for their efforts publicly reinforces the value of their contributions.

We are excited to share some of these informations in the second issue of "Ripples." Happy Reading!

#### Rtn. E.N. Gireesh Kumar Bulletin Editor





# **CLUB DUES STRUCTURE**

Rotary

Club of Pilatha

RI District: 3204, Club No: 78753

# Membership Dues Rs. 8000 (to be paid in July) Rs. 7000 (to be paid in January)

Members must pay their membership dues on time to retain their Rotary membership.

# **Project Support**

Support the Service Projects undertaken by our club with your active participation and financial contributions whenever possible. Together, let's make a positive difference in the world around us.



All members are encouraged to contribute Rs. 2500 to the TRF for the year 2024-25. The Rotary Foundation uses these contributions for noble projects worldwide. Be part of this transformative effort!

## Rs. 2500

# Rs. 500

Each member is encouraged to contribute Rs. 500 to the Polio Fund for the year 2024-25. Together, let's work towards eradicating polio and making a global impact!



# Message from the **PRESIDENT**

#### "Well Begun is Half Done" - Aristotle.

A month has passed since we started the new Rotary Year, and in this short span of time, we have already accomplished a great deal to strengthen the foundation of our club. Our primary focus has been on the administrative aspects to ensure smooth functioning and transparency.

First and foremost, maintaining clear and transparent financial records is of utmost importance. To this end, we decided to publish the monthly accounts summary at the end of each month. As the first step, the club's finance records for June were shared with members during the first meeting in July.

Ensuring the timely payment of club dues is another crucial step. Thanks to the strong support of our committed members, we successfully submitted the Rotary International dues, District Dues, and Newsletter Subscription Dues before the 31st of July.

Regular meetings are conducted every Wednesday at 7pm at our venue, Rotary Pearl, Pilathara. A Board meeting was held as scheduled on the second Wednesday of the month, and we also upheld our tradition of a family meeting, celebrating special moments of our members.

While ensuring the club's smooth operation, we have also begun brainstorming impactful projects to benefit society. Aligned with District priorities, these projects are scheduled to roll out in the coming weeks.

Let us continue this meaningful journey as one family and positively impact many lives around us! May the Magic of Rotary spread everywhere! Rtn. C.K. Purushothaman

**Club President** 



Rtn. C.K. Purushothaman was inducted as the 16th President of the Rotary Club of Pilathara during the installation ceremony on 22nd June 2024, in the presence of Chief Guest PDG Rtn. MD VG Nayanar. The officers for the 2024-25 term, including Secretary Rtn. Sunil Kottarathil and Treasurer Rtn. Sajeevan TT, were also inducted during the event.

Outgoing President Rtn. PHF KP Muraleedharan summarized the success and glory of a remarkable year that witnessed a roller coaster of events and an incredible total of 72 projects. These included not only humanitarian services but also member development programs such as leadership seminars and public speaking workshops, along with the ever-popular monthly family meetings. The past year has bestowed us with countless gifts—enhanced leadership skills, fun, family bonding, and most importantly, the satisfaction of fulfilling the Rotary vision of coming together to create meaningful change in the world. He honored the members for their invaluable contributions to the club's success. Outgoing Secretary Rtn. PHF C. Raveendranathan presented a detailed report of the year's activities. Zonal Coordinator Rtn. VKV Manoj inaugurated the service projects, while Assistant Governor Rtn. Dr. K Padmanabhan initiated the TRF contribution drive for the year. Governor's Group Representative Rtn. MPHF Aravindakshan K released the club newsletter.

**THE MAGIC** 

**OF ROTARY** 

Chief Guest PDG Rtn. MD VG Nayanar inspired the audience with his motivational words. The event was attended by more than 250 members and guests, making the installation ceremony a huge success.

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🔅 ZONAL CO-ORDINATOR 🗖 🔅

SECRETARY ELEC

GGR



Officers of the Pilathara Rotary Club Anns Forum for the year 2024-25 took charge during a colorful family meeting held on 19th June 2024. The outgoing President, Ann. Bindu Surendranath, handed over the baton to Ann. Deepa Gireesh to lead the team.

Secretary Ann. Thankamani Damodaran, Vice President Ann. Suhasini Raveendran, and Treasurer Ann. Sathi Aravind were encouraged and supported by outgoing Secretary Ann. Indu Raghunath and the entire Anns Forum members.

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The outgoing team, led by Ann. Bindu Surendranath, was recognized for their outstanding performance during the year. Their leadership saw the initiation of many notable programs, including RYLA, Sunday Funday Camp, and Zumba Dance practice sessions. These innovative approaches resulted in impactful projects that the Rotary Club of Pilathara could proudly showcase.

Chief Guest Rtn. Dr. Dhanya Manoj praised the camaraderie and togetherness among the team members and appreciated the uniqueness of the installation ceremony.



Sunil Kottarathil is a seasoned project management and engineering consultant, renowned for his expertise in providing installation strategies and solutions for offshore construction projects globally. Born on June 1, 1970, in Kadannappalli to teacher parents EP Narayanan Nambiar and DK Pankajakshi, Sunil's early education began at Kadannappalli East LP School and continued at Tagore Vidya Niketan, Taliparamba. He completed his Pre-Degree from Payyanur College before pursuing a B.Tech in Civil Engineering from the Government College of Engineering, Kannur. Following a year as a lecturer at the same college, Sunil earned an MTech in Marine Technology from IIT Kharagpur.

Sunil's professional journey started in 1994 with Essar Oil Limited, Mumbai, as a Project Engineer, where he gained significant experience in subsea and offshore installations within the Oil and Gas industry. His career took him to Sharjah in 1997 with McDermott ETPM Middle East, and subsequently to Abu Dhabi in 2000 with National Petroleum Construction Company (NPCC). In 2021, he settled in Embet, Pariyaram, after a long and successful tenure in Abu Dhabi.

Joining the Rotary Club of Pilathara in 2022, Sunil has been an active and contributing member. He is married to Jaya Haridas, a structural engineer, and together they have two daughters: the elder one is working with Google in London, and the younger one with Caterpillar in Bangalore.

Sunil's commitment to personal and professional development is also evident in his involvement with Toastmasters International since 2010. He has held various leadership positions at the Club, Area, Division, District, and Region levels. Notably, as the District Advisor, he guided Toastmasters District 127 to the world #1 position last year, earning numerous recognitions for his contributions.

An active alumnus of the Government College of Engineering, Kannur, Sunil serves as the Vice President of the college Alumni Association, playing a pivotal role in supporting the institution and its students. His strategic planning and project management skills, coupled with his role as a mentor and coach, have empowered many to achieve their goals.

Sunil Kottarathil is highly respected among his peers for his determination, expertise in project management, and strategic planning abilities. His contributions to both his professional field and his community exemplify his commitment to making a positive impact.

Rtn. Sunil Secretar

Rtn. Sunil Kottarathil Club Secretary





Rotarian C.K. Purushothaman, who has earned a unique name in the Rotary family with diverse activities, has been elected as the President of the Pilathara Rotary Club for the year 2024-25.

Born on May 25, 1961, as the son of the late N. Kunjoman Unuthiri and the late Chelur Kovilakathu Ambika, Mr. C.K. Purushothaman completed his education up to the seventh grade at Manyaguru U.P. School in Karivellur and his high school education at Government High School in Karivellur. He continued his higher education at Nehru Arts and Science College in Kanhangad, earning a B.Sc. degree with a double main Mathematics and Statistics. He made a distinct mark in our community through his professional life in the field of education.

From 1981 to 1985, he worked as a teacher in parallel educational institutions in Payyannur, Karivellur, and Neeleswaram. In 1985, he joined the public education department as an LDC through the PSC. He worked in educational offices in Balal, Bekkal, Kasargod, Cheruvathoor, Kanhangad, Pazhayangadi, Kannur, Thirur, and Thiruvananthapuram and retired on May 31, 2017, as a Senior Superintendent at the Payyannur Sub-District Education Office. During his service, he served as the state secretary of the Kerala Education Department Ministerial Staff Union.

In 1987, he married Mrs. N.P. Vasantha, a teacher. Vasantha Teacher is an active member of the Pilathara Rotary Club's Anns Forum. After working in various government schools for 33 years, she retired on March 31, 2024, as the Headmistress of Perumpatta Government LP School. Rtn. C.K. Purushothaman and Vasantha Teacher have two children. Their son, Varun Varma, works as an Electrical Engineer in the Gulf. Their daughter, Keerthana, completed her MBBS from Kozhikode Medical College and her MD from Thrissur Medical College and is currently working temporarily at Kannur Government Medical College. Both children are married and living happily with their families.

Rtn. C.K. Purushothaman is known for his frankness in expressing his opinions when asked. His direct and open remarks, devoid of sugar-coating, can sometimes confuse people who are not accustomed to hearing such candid feedback. Despite this, his honesty and straightforwardness are valued traits that have earned him respect and recognition in his community.



Chedembeth Damodaran (27-Oct-1946 – 19-June-2019) was born in Kandangali, Payyanur. He received his primary education from Kandangali Panchayat School and his secondary education from GHS Payyanur. During his school years, he trained in Kalaripayattu and Kathakali at Mahadevagramam near Payyanur Subramanya Swami Temple, participating in many events across Kerala and winning numerous prizes.

After completing his secondary education, Shri. Damodaran pursued higher education in Kannur, graduating with distinction from Kannur Polytechnic. He then moved to Bhopal and worked with MPSRTC for almost 10 years, during which he completed his AMIE. He left MPSRTC as a work's manager.

As the eldest son, Shri. Damodaran deeply cared for his family, helping his siblings achieve their goals. He resigned from MPSRTC and relocated first to Bangalore and then to Vijayawada, where he worked for British Motor Car Company. On 13<sup>th</sup> March 1977, he married Smt. Sudha T.V. and settled in Vijayawada. He has two daughters: the elder resides in Dubai, and the younger resides in Thiruvananthapuram with their families. In Vijayawada, he founded the Kerala Club and was an active member of the Lions Club, where he received the Best President Award. He also worked as an insurance surveyor for National Insurance.

After returning to Kerala in 2012, Shri. Damodaran joined the Rotary Club of Pilathara. He was an active Rotarian, involving his wife and daughters in many programs. His contributions to the Rotary Club were well-regarded.

Shri. Damodaran continued working as an insurance surveyor until his passing on 19-June-2019. His legacy of dedication and service continues to be fondly remembered by those who knew him.



Late Rtn. PV Unnikkrishnan, originally hailing from Thrichambalam, Taliparamba, was a respected figure in his community, known for his dedicated service and commitment to public safety. He began his official career with the Kerala Police Force in 1971, where he served with distinction for 36 years. His dedication and exemplary service were recognized when he was promoted to the rank of Sub Inspector in 1999. As a Principal Sub Inspector, he served at various police stations for eight years, demonstrating strong leadership and an unwavering commitment to law enforcement.

Rtn. PV Unnikkrishnan retired from his esteemed career on April 30, 2007, from the Kannur Traffic Police Station. His service was honored with the Chief Minister's special medal, a testament to his outstanding contributions and dedication to public service.

In addition to his police service, Rtn. PV Unnikkrishnan played an active role in his community. In 2009, he served as the Working Chairman of the Kokkad Muchilot Bhagavathi Temple Kaliyatta Maholsavam, reflecting his commitment to cultural and religious activities in his community.

Rtn. PV Unnikkrishnan's personal life was marked by a strong family bond. He was married to Vimala Unnikrishnan, who herself had a distinguished career, retiring as Headmistress from Edanad East LP School after 30 years of dedicated service. Together, they raised three children who have carried forward the legacy of dedication and service. Their son, Sudheer Unnikrishnan, resides in Singapore, while their daughters, Suma Unnikrishnan and Susmitha Unnikrishnan, live in Dubai with their families.

Rtn. PV Unnikkrishnan's life was a blend of professional excellence and personal commitment, making a lasting impact on those around him. His legacy of service, especially community involvement, continues to inspire and be remembered fondly.



#### Weekly Meeting (3-July-2024)

Rotary Club of Pilathara conducted the first meeting of the 2024-25 term on 3rd July 2024 at their own venue - Pilathara Pearl. Asst. Governor Rtn. K Padmanabhan delivered a session on "Achieving Goals", covering District Priorities, Goals and tips to achieve them. GGR Rtn. Aravindakshan addressed the audience and reinforced the message by the AG. President Rtn. Purushothaman briefed strategy for the year and honored the immediate past team (President Rtn. Muraleedharan and Secretary Rtn. C Raveendranathan) for elevating the status of Pilathara Rotary Club. Secretary Rtn. Sunil Kottarathil presented the report covering the activities conducted recently including the installation ceremony and the Doctors day celebrations. Members came forward for constructive evaluation of the recent events. Many valuable points / areas of improvements were presented during the evaluation/ session that will be used for improving the club performance further.

#### Weekly Meeting (10-July-2024)

On 10<sup>th</sup> July 2024, Rotary Club of Pilathara conducted the second meeting of the 2024-25 term at their own venue - Pilathara Pearl. Meeting started at 7:10pm. Charter President Rtn. MPHF Prof. K Raveendran welcomed the members present. He remembered the three pillars of the club - Past Presidents Late PHF MV Purushothaman, Late PHF Er. C Damodaran and Late Rtn. PV Unnikrishnan. A minute of silence was observed in honor of the leaders. President Rtn. Purushothaman briefed on the projects lined up for coming weeks aligned with the monthly priority areas. Secretary Rtn. Sunil Kottarathil presented the report and reminded on submitting the membership renewal dues. Rtn. PHF Satheesan and MPHF Chathukutty Nambiar shared their views and supported club initiatives. Meeting was adjourned at 8:30pm.



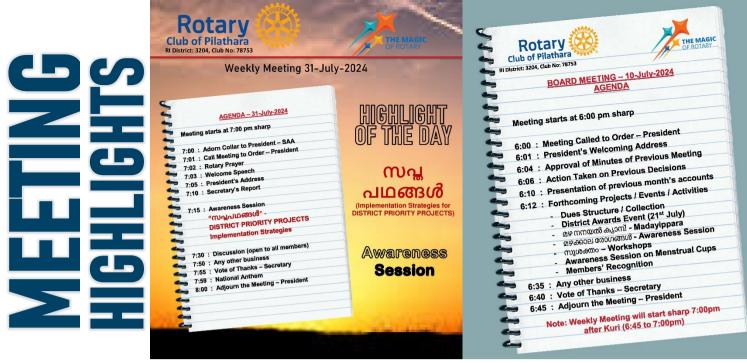
#### Weekly Meeting (17-July-2024)

Rotary Club of Pilathara conducted the third meeting of the 2024-25 term on 17th July at their own venue - Pilathara Pearl. Meeting started at 7:15pm. Past President and GGR Rtn. MPHF Aravindakshan welcomed the members present. In the absence of President Rtn. Purushothaman, IPP Rtn. PHF Muraleedharan presided over the meeting and briefed on the upcoming events. He encouraged the members to utilize their full potential for the benefit if the club so that the club will continue to grow and shine in the district. Secretary Rtn. Sunil Kottarathil presented the report and reminded on submitting the membership renewal dues. Anns Forum President Deepa Gireesh presented a report on the recently conducted awareness session on Ayurveda and shared the projects planned for near future. Rtn. MPHF Raveendran, Rtn. MPHF Aravindakshan, Rtn. PHF Satheesan and Rtn. Gireeshkumar shared their views. Meeting was adjourned at 8:30pm.

#### Weekly Meeting (24-July-2024)

Rotary Club of Pilathara conducted the fourth meeting on 24<sup>th</sup> July at Pilathara Pearl. Meeting started at 7:05pm. Rtn. PHF Kunhiraman welcomed the members. In his presidential address, President Rtn. Purushothaman congratulated the club members especially the immediate past leaders Rtn. Muraleedharan & Rtn. Raveendranathan for the district awards recognition. The club has received 31 awards including the Best President and Best Secretary. The achievements will further motivate the members to perform better to keep up the status of the club in the current year also. Secretary Rtn. Sunil Kottarathil presented the report. He encouraged the members to participate actively and learn from the District Learning programs that are scheduled regularly, the next one being the Membership Seminar on 4th August. Rtn. PHF Raveendranathan, Rtn. MPHF Raveendran, Rtn. MPHF Aravindakshan, Rtn. Balakrishnan, and Rtn. PHF Surendranath shared their views. Meeting was adjourned at 8:00pm.





#### Weekly Meeting (31-July-2024)

Rotary Club of Pilathara conducted the fifth meeting on 31<sup>st</sup> July at Pilathara Pearl. Meeting started at 7:10pm. Rtn. PHF Satheesan welcomed the members. In his presidential address, President Rtn. Purushothaman invited the members to contribute towards the Wayanad Disaster Fund. Secretary Rtn. Sunil Kottarathil presented the report. Brief description of District Priority projects were presented. Change in program on the membership seminar was announced. New projects were announced – Miyawaki forestation, Gift of Cure, Gift of sight, RUDSET etc were announced. Also, a project to provide free scholarship to 10 selected students during the independence day in coordination with ArchiKites computer Learning Center, Pilathara was announced and approved by members. Rtn. MPHF Raveendran, Rtn. MPHF Aravindakshan, Rtn. PHF Satheesan and Rtn. Gireesh Kumar shared their views. Meeting was adjourned at 8:00pm.

#### Board Meeting (10-July-2024)

Rotary Club of Pilathara conducted the first Monthly Board Meeting of the 2024-25 term on 10th July 2024 at their own venue - Pilathara Pearl. Meeting started at 6:10pm. President Rtn. CK Purushothaman explained the strategy for the year and stressed upon the club priority - Member Engagement. Steps are taken to attract members who are irregular in attending club activities, back to the club by visiting them and utilizing their specific skills for the benefit of the club and the society. Previous minutes was approved and Financial report till last month was presented during the meeting. Secretary Rtn. Sunil Kottarathil initiated discussion on each project under consideration. Members participated in the discussion and came forward with suggestions to make the projects successful. District priorities were shared among the members. Strategy for Membership dues collection, Monthly family meet etc were agreed. Meeting was adjourned at 6:50pm.





# Rotary Club of The Monthly Family Meeting has beco Pilathara over the past two years. The first

CLUB NO.78753 R

The Monthly Family Meeting has become a cherished tradition for the Rotary Club of Pilathara over the past two years. The first Family Meeting of the 2024-25 term was sponsored by Rtn. MPHF Aravindakshan, in memory of his beloved father and to celebrate the birthday of his spouse, Ann. Sathi Aravind, both falling in the month of July.

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On the evening of 24<sup>th</sup> July, more than 50 family members attended, creating an atmosphere of deep-rooted bonding. The family meeting served as an opportunity to strengthen the warm connections between members and to showcase their artistic talents. The camaraderie and friendship among the members were further solidified through this gathering. Active participation from members, Anns, and Annets, who presented songs, made the evening memorable for all.

It was a delightful coincidence that the birthday of Rtn. Dr. KV Prakash also fell on the same day. Members seized the opportunity to celebrate his birthday by cutting a cake. Rtn. Raghunath arranged a simple yet delicious dinner, adding to the enjoyment of the evening. The two-hour gathering from 8 pm to 10 pm flew by, leaving everyone with fond memories of a wonderful evening.





#### Rotary Club of Pilathara Supports 'Educate a Girl Child' Campaign

On the Installation Day, Rotary Club of Pilathara provided financial aid to Ms. Andria Shibu, the daughter of Shibu Sathyan and Beena Vincent, under the 'Educate a Girl Child' campaign. Andria, who hails from Kovvappuram, is a 4th standard student at Sree Rama Vilasam LP School, Cheruthazham. The family struggles with no regular income as Andria's father is bedridden and unable to work.

For the past 10 years, our club has been committed to supporting the education of girl children through the dedicated efforts of Rtn. Sudha Damodaran. This initiative is conducted in loving memory of her late husband and past President of the Rotary Club of Pilathara, Rtn. C. Damodaran.

#### Distribution of Educational Material to Deserving Students

Rotary Club of Pilathara supported five deserving students with education materials (school bag, books, writing material, uniform etc) with an aim to encourage them to continue education and to support their school education.

The education material kit were arranged by the Anns Forum of the club and distributed during the Officers installation ceremony.

Following students benefitted from the project:-

- 1. Aromal Rajesh 6th standard
- 2. Darshini 5th standard
- 3. Niya Vinod 5th standard
- 4. Ansika Prasad 5th standard
- 5. Anjana P.V 5<sup>th</sup> standard





# Supporting an Anganvadi in Their Needy Areas

Supporting organizations that make genuine efforts to empower youth and positively impact society is one of the best services Rotary Club of Pilathara undertakes.

Responding to a request from Kadannappalli Parishad Bhavan Anganvadi, our club provided a pressure cooker to assist them. These small gestures can make a huge impact, as expressed by the grateful Anganvadi workers.





#### Honoring Eminent Doctors in the Society for Their Vocational Excellence and Social Commitments

Rotary Club of Pilathara recognised the dedicated selfless service of Dr. DK Manoj, Dy. Supdt., Govt Medical College Kannur on the Doctor's Day. It was acknowledged that his service has benefitted many patients. As Dy Supdt, he has played a key role in the development of the Govt. Medical College and its infrastructure. Pilathara Rotary Club officers visited Dr. DK Manoj at his office and recognised him in front of the staff. Rotary Club President Rtn. CK Purushothaman adorned traditional Shawl to Honor Dr. DK Manoi, Secretary Rtn. Sunil Kottarathil, Treasurer Rtn. Sajeevan TT, Vice President Rtn. Rajeevan T also were present during the event.

#### **KNOWING THE UNKNOWN -**Disease Prevention Session

Oral and maxillofacial surgery is a specialized field focusing on reconstructive surgery of the face, facial trauma surgery, the oral cavity, head and neck, and jaws, as well as facial cosmetic surgery, including cleft lip and palate surgery. The Rotary Club of Pilathara conducted an insightful awareness session titled "Knowing the Unknown," led by Rtn. Dr. Sujesh Viswanathan, on 10th July 2024 at Pilathara Pearl.

The session was attended by 21 members. Dr. Sujesh captivated the audience with his smooth flow of information, relevant details, and engaging personality. He emphasized the importance of early detection and appropriate action to prevent further damage. The seminar concluded with a highly informative Q&A session, where members took the opportunity to clarify their concerns.

Inspired by Dr. Sujesh's talk, members pledged to utilize the modern facilities available at the clinic in Pilathara, underscoring the session's success in raising awareness and encouraging proactive healthcare.







# Disease Prevention Through AYURVEDA

In collaboration with the PM Narayanan Nambeesan Memorial Vayanasala, Nareekkam Valli, the Rotary Club of Pilathara conducted an enlightening awareness session on the prevention of communicable diseases, on 16th July. The session was led by the esteemed Ayurveda doctor, Dr. Jino Gopal Paleri, and attended by an audience of 45 people.

Dr. Paleri emphasized the importance of adopting traditional Ayurveda treatments for a healthier life, stressing that Ayurveda should be embraced as a cultural practice. He highlighted the significance of consulting qualified Ayurveda doctors and cautioned against relying on unverified information from YouTube or social media.

The event, which lasted over an hour, was well received by the audience. Officials from Pilathara Rotary Club, Anns Forum and the Vayana Sala addressed the audience. The Anns Forum took the lead in organizing this impactful event, underscoring the community's commitment to promoting health and well-being through traditional practices.





Dr. Prakash KV is a distinguished medical professional currently serving as a consultant in Physical Medicine and Rehabilitation at the District Hospital in Kanhangad. His extensive career in medicine and his active participation in Rotary Club activities reflect his dedication to both his profession and his community.

Dr. Prakash KV embarked on his medical journey at Kozhikode Medical College, where he completed his MBBS in 1986. His passion for medicine and commitment to furthering his expertise led him to pursue postgraduate studies at the same institution, completing his PG in 2013.

In 1998, Dr. Prakash KV began his career in medical education as a tutor in forensic medicine at Kannur Medical College, Pariyaram. The following year, he joined Kerala Health Services as an Assistant Surgeon at PHC Kunhimangalam. His dedication to public health saw him later work at PHC Ramanthali, where he continued to provide essential medical services to the community.

Dr. Prakash KV's career progressed steadily, and in 2010, he was promoted to the role of Assistant Director, serving as Superintendent of Taluk Hospital. His leadership and administrative skills were further recognized with his transfer to Taluk Hospital Payyanur in a similar capacity. By 2013, he had taken on the role of Deputy District Medical Officer (DMO) in Kannur, followed by a subsequent posting as Deputy DMO in Malappuram in 2015.

# Rtn. Dr. K.V. Prakash

In 2019, Dr. Prakash KV was promoted to Deputy Director and took on the significant responsibility of Superintendent at the District Hospital in Kanhangad. Throughout his career, he has demonstrated a strong commitment to improving healthcare services and ensuring the well-being of the communities he serves.

Dr. Prakash KV's involvement with the Rotary Club of Pilathara began in 2021. Since joining, he has been an active participant in the club's cultural programs, contributing to the vibrant community spirit that defines Rotary. His engagement in Rotary activities underscores his dedication to service and his desire to give back to society.

On the personal front, Dr. Prakash KV is married to Dr. Sheena, a lecturer at Pariyaram Dental College. They are proud parents of a son and a daughter, and together they embody a family committed to education and service.

Dr. Prakash KV's journey in medicine and his active role in the Rotary Club highlight a life dedicated to professional excellence and community service. His contributions continue to make a significant impact on the healthcare sector and the broader community.

Rotary Club of Pilathara honored all the doctors in the club on 1<sup>st</sup> July-2024, the Doctors Day



Rtn. Dr. Sujesh Viswanathan is a distinguished maxillofacial surgeon who has significantly advanced the standards in the field of dentistry. With a profound dedication to his profession and a commitment to community service, Dr. Sujesh has made notable contributions both in his medical practice and as an active member of the Rotary Club of Pilathara.

Dr. Sujesh Viswanathan owns and operates the VS Maxillofacial Dental Clinic, which is located in KPM Complex on Pilathara NH, as well as in Priyadarshini Hospital, Payyanur. His clinics are well-regarded for providing high-quality dental care, and he is renowned for his expertise in maxillofacial surgery.

Dr. Sujesh joined the Rotary Club of Pilathara in October 2023 and has since been an enthusiastic and active participant. His involvement in Rotary reflects his commitment to service and his desire to contribute positively to the community.

Dr. Sujesh is married to Dr. Kavitha, who works as a duty doctor at PHC Peringome. Together, they embody a family dedicated to healthcare and service. They are blessed with a baby boy named Ayaan, bringing joy and fulfillment to their lives.

Dr. Sujesh comes from a family with a strong tradition of service. His father, Capt. Viswanathan UM, served in the Indian Army for 37 years, demonstrating a lifelong commitment to the nation. His mother, Mrs. Sujatha Viswanathan, has been a higher secondary school teacher, contributing to the field of education.

Dr. Sujesh's aim is to excel in his field by providing outstanding service and bringing smiles to the community. His dedication to refining his work and ensuring the highest standards of care exemplify his professional ethos. Through his clinical practice and Rotary activities, Dr. Sujesh continues to make a significant impact, striving to enhance the well-being of those he serves.



Hailing from Pattambi, Palakkad, Dr. Jijisankar has established himself as a prominent dental professional in Pilathara. His journey in the field of dentistry began in 2005 when he relocated to Pariyaram after securing admission to the Pariyaram Dental College. With a steadfast commitment to his studies and a passion for dental care, he successfully completed his Bachelor of Dental Surgery (BDS).

In 2013, Dr. Jijisankar embarked on his professional journey by opening his own dental clinic in Pilathara. His clinic has since become a trusted name in the community, known for providing highquality dental care and fostering long-term relationships with patients.

Dr. Jijisankar's background is rooted in a family dedicated to service and hard work. His father served in the military before transitioning to a career in the banking sector, where he retired after many years of service. His mother is a homemaker and beautician, contributing her skills and care to the family and community.

Dr. Jijisankar is married to Dr. Shruthi, a fellow dental professional from Century Dental College in Kandonthar, Mathamangalam. Together, they share a passion for dentistry and a commitment to providing exceptional care. They are proud parents of two children, Nihara, who is in the 3rd grade, and Nihith, who is in the 1st grade.

With his strong professional background, supportive family, and dedication to his practice, Dr. Jijisankar continues to make significant contributions to the field of dentistry and the well-being of his community.





# Rtn. Dr. Ranjith Raveendran

Dr. Ranjith Raveendran is a distinguished dental professional currently serving as an Additional Professor at the Dental College, Government Medical College Kannur. As a charter member of the Pilathara Rotary Club, Dr. Ranjith has been actively involved in the club since its inception, contributing his expertise and leadership skills to various initiatives.

Originally from Pathanapuram, a small town in Kollam district, Dr. Ranjith's academic journey in dentistry began at the prestigious Government Medical College in Calicut. He graduated with a degree in dentistry in 2004 and continued his studies there to complete his postgraduate degree. Shortly after, he joined the Pariyaram College as a Senior Lecturer in the Department of Orthodontics in 2004, where he dedicated himself to teaching and mentoring future dental professionals.

Dr. Ranjith is married to Dr. Sameera G Nath, who works as an Assistant Professor at the Dental College, Government Medical College Calicut. They have a son, Amrutkrishna, who is currently studying in the sixth standard. The couple's commitment to the field of dentistry and education is a testament to their dedication and passion for their profession.

Joining the Rotary family has been a source of pride for Dr. Ranjith. He is deeply inspired by Rotary's mission to give back to society and is motivated to make a positive impact through the organization's numerous service projects. Dr. Ranjith is eager to develop his leadership skills, gain new experiences, and connect with like-minded individuals who share his passion for community service.

Through Rotary, Dr. Ranjith looks forward to contributing to meaningful projects that benefit the community, fostering connections with fellow Rotarians, and making a difference in the world. His journey with Rotary embodies the spirit of service above self, and he is committed to creating a better world for all.

# Rtn. Dr. Ashil Mohandas

Dr. Ashil Mohandas, a distinguished orthodontist, hails from Thrissur, the cultural capital of Kerala. His academic journey in dentistry began at the Government Dental College, Calicut, where he completed his BDS. He further honed his expertise by pursuing a postgraduate degree in orthodontics from the prestigious Manipal College of Dental Sciences.

In 2005, Dr. Ashil embarked on his teaching career as a senior lecturer at Pariyaram Dental College. His dedication and passion for orthodontics led to his current position as an additional professor in the department of orthodontics. His commitment to dental education and patient care has earned him respect and recognition in the academic and medical community.

Dr. Ashil Mohandas joined the Rotary Club of Pilathara as a charter member, actively participating in the club's various initiatives and activities. His involvement in Rotary reflects his dedication to community service and making a positive impact beyond his professional responsibilities.

Dr. Ashil is married to Dr. Smitha, a lecturer in pedodontics and an active member of the Anns Forum. Their partnership extends beyond their professional lives, as they both contribute significantly to their community and professional fields. The couple is blessed with two daughters. Their elder daughter, Amritha Ashil, is currently in her second year of MBBS, while their younger daughter, Ananya Ashil, is a plus-one student.

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IPP Rtn. MPHF Muraleedharan celebrated being a grandfather in May. The grand child (Vyas Nambiar) with family (Vineeth, Anjali Muraleedharan and Ann. Suma Muraleedharan) during the 28<sup>th</sup> day of birth, on the milk giving function.



Rtn. MPHF Sukumaran KV and Ann Kanaka with their daughter Aneesha and husband Sreeraj with the grand child Sathwik during the 28<sup>th</sup> day of birth, on the milk giving function. The couple became grand parents on 26<sup>th</sup> June.



Amar Raghunath, son of Rtn. Raghunath and Ann. Indu Raghunath got engaged with Ms. Midhuna Suresh, D/o Mrs. Jyothy and Mr. Suresh from Peralam, Karivellur, in July 2024. The wedding is planned on 29<sup>th</sup> June 2025 at Kottanasery Auditorium, Vellur.

> Rotary Family celebrated the birthday of Rtn. Dr. K.V Prakash on 24<sup>th</sup> July 2024 at Pilathara Pearl during the Family meeting.







Anesh S lyer took charge as the Global Tower Head of GE Aerospace, Cincinnati, USA, on 10<sup>th</sup> June 2024. Before his elevation to the new post, he was working as the Regional Director of GE Aerospace, Singapore.

Graduated from Kannur Engineering College in Mechanical Engineering, where he was the University first rank holder, he completed M Tech in Aeronautical Engineering from IIT Mumbai with Gold Medal.

Anesh had earlier worked in ISRO and was associated with the then ISRO director, Dr.G. Madhavan Nair, in developing PSLV etc.

Anesh is married to Rachana, daughter of Rtn. PHF C. Raveendranathan, Immediate Past Secretary of Pilathara Rotary Club. Rachana had earlier worked as the Asia-Pacific Regional Project Head of HP (Hewlett & Packard), Singapore.



Members and Family of Rotary Club of Pilathara celebrated 80<sup>th</sup> birthday of past President Rtn. PHF MP Krishnan on the 3<sup>rd</sup> July 2024.





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Experience the MAGIC at Rotary Club of Pilathara.

We meet every Wednesday evening 7pm to 9pm at Pilathara Pearl, Arathil, the Home of Rotarians in Pilathara.



Rtn. Purushothaman CK President Rtn. Sunil Kottarathil Secretary

